

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## Hope Lange

Has successfully participated & completed the

7km Women Rock - Trail Run presented by Navworld

held at Ingaadi Spa.

## **TIME** 01:27:24

**PACE** 12:28/km **OVERALL** 137 of 204 **GENDER** 111 of 161 **40 - 49** 22 of 31

28 August 2016, Sun

Date

outTime

Signature